

THE WEEKEND AUSTRALIAN

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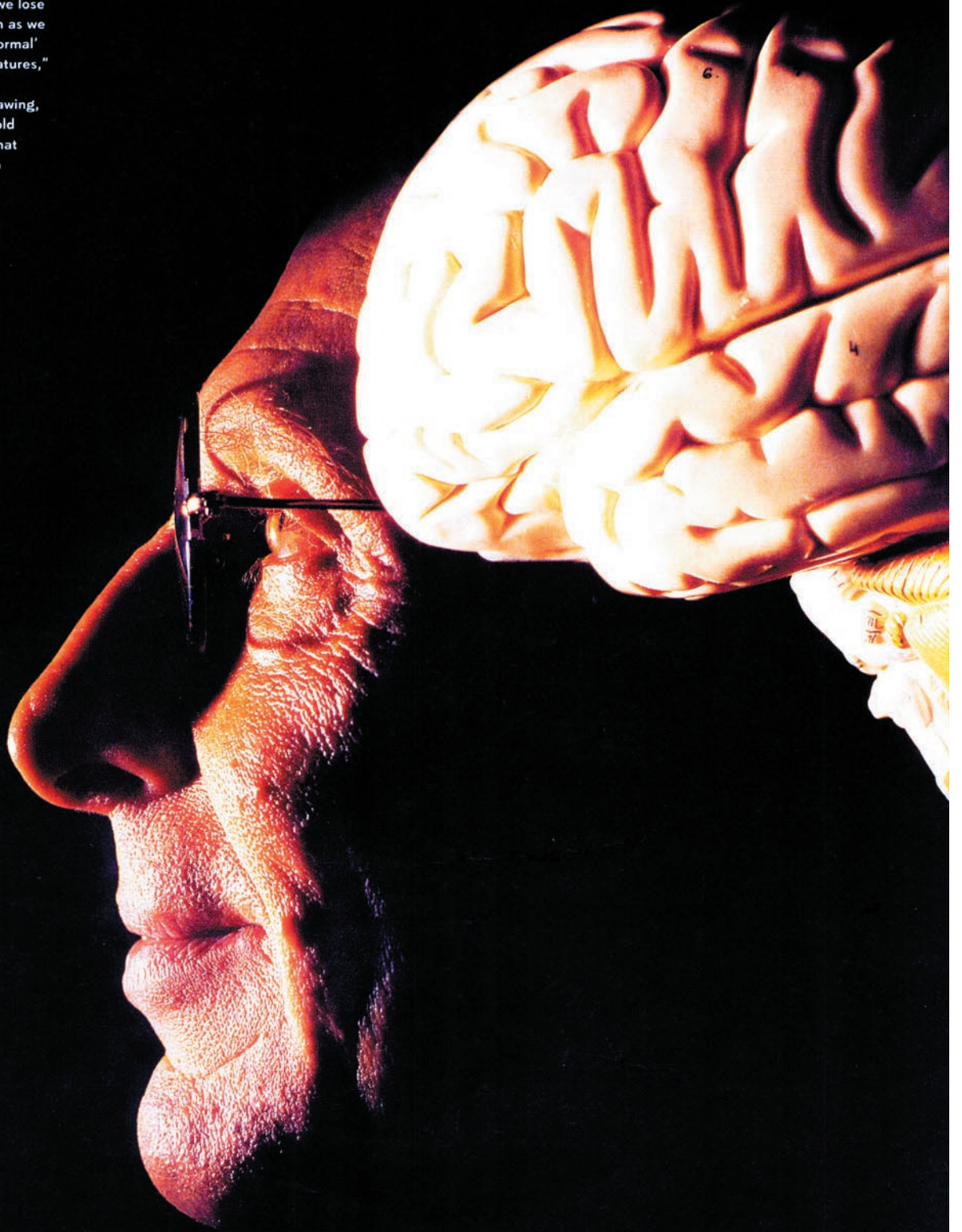
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"Buried deep in all our brains are phenomenal abilities which we lose for some reason as we develop into 'normal' conceptual creatures," says Snyder.

Opposite: A drawing, by a four-year-old autistic child, that Snyder keeps in his office.



Allan Snyder claims he can turn on a person's inner *Rain Man*, and turn it off again, with the flick of a switch. But not everyone thinks his adventures in instant genius are such a bright idea.

STORY **LAWRENCE OSBORNE**
PHOTOGRAPHY **NICK CUBBIN**

In a concrete basement at the University of Sydney, I sit in a chair waiting to have my brain altered by an electromagnetic pulse. My forehead is connected, via a series of electrodes, to a machine that looks something like an old-fashioned beauty salon hair dryer and is sunnily described to me as a "Danish-made transcranial magnetic stimulator". This is not just any old Danish-made transcranial magnetic stimulator, however; this is the Medtronic Mag Pro, and it is being operated by Allan Snyder, one of the world's foremost scientists in the field of human cognition.

Nonetheless, the anticipation of electricity being beamed into my frontal lobes (and the consent form I had just signed) makes me a little nervous. Snyder finds this amusing. "Oh, relax now!" he says. "I've done it on myself a hundred times. This is Australia. Legally,

it's far more difficult to damage people here than it is in the United States."

"Damage?" I groan.

"You're not going to be damaged," he says. "You're going to be enhanced."

The Medtronic was originally developed as a tool for brain surgery. By stimulating or slowing down specific regions of the brain, it allowed doctors to monitor the effects of surgery in real time. But it also produced, they noted, strange and unexpected effects on patients' mental functions: one minute they would lose the ability to speak; another minute they would speak easily but would make odd linguistic errors, and so on. Several researchers started to look into the possibilities, but one in particular intrigued Snyder: that people undergoing transcranial magnetic stimulation, or TMS, could suddenly exhibit savant intelligence – isolated pockets of genius-like mental ability that most often appear in autistic people.

Snyder is the director of the Centre for the Mind, a joint venture of the University of Sydney and the Australian National University. He's an impish presence, the opposite of a venerable professor, let alone an internationally acclaimed scientist. There is a whiff of Woody Allen about him. Did I really want him, I couldn't help thinking, rewiring my hard drive?

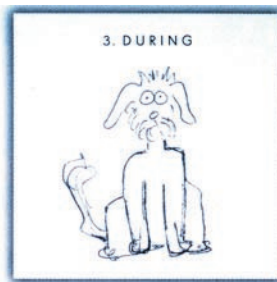
"We're not changing your brain physically," he assures me. "You'll only experience differences in your thought processes while you're actually on the machine." His assistant makes a few final adjustments to the electrodes and then, as everyone stands back, Snyder flicks the switch.

A series of electromagnetic pulses are being directed into my frontal lobes, but I feel nothing. Snyder instructs me to draw something. "What would you like to draw?" he asks merrily.

"You like drawing cats? Cats it is." ▶



for **SAVANT**
a **DAY**



Animal instinct: The results of a test, similar to those conducted by Snyder (left), in which a subject drew a picture of a dog four times, each at a different stage of his exposure to transcranial magnetic stimulation.



◀ I've seen a million cats in my life, so when I close my eyes I have no trouble picturing them. But what does a cat really look like, and how do you put it down on paper? I give it a try but come up with some sort of stick figure.

While I draw, Snyder continues his lecture. "You could call this a creativity-amplifying machine. It's a way of altering our states of mind without taking drugs like mescaline. You can make people see the raw data of the world as it is. As it is actually represented in the unconscious mind of all of us."

Two minutes after I start the first drawing, I am instructed to try again. After another two minutes, I try a third cat, and then in due course a fourth. Then the experiment is over, and the electrodes are removed. I look down at my work. The first felines are boxy and stiffly unconvincing. But after I have been subjected to about ten minutes of transcranial magnetic stimulation, their tails have grown more vibrant, more nervous; their faces are personable and convincing; they are even beginning to wear clever expressions.

I can hardly recognise them as my own drawings, though I have watched myself render each one. Somehow, over the course of a very few minutes and with no additional instruction, I have gone from an incompetent draftsman to an impressive artist of the feline form.

Snyder looks over my shoulder. "Well, how about that? Leonardo would be envious." Or turning in his grave, I think.

AS REMARKABLE AS THE CAT-DRAWING lesson is, it is just a hint of Snyder's work – pooling the talents of Australian scientists from three universities and two medical centres – and its implications for the study of cognition. He has used TMS dozens of times on university students, measuring its effect on their ability to draw, to proof-read, and to perform difficult mathematical functions such as identifying prime numbers by sight. Hooked up to the machine, 40 per cent of test subjects exhibited extraordinary, and newfound, mental skills. That Snyder was able to induce these remarkable feats in a controlled, repeat-

able experiment is more than just a great party trick; it's a breakthrough that may lead to a revolution in the way we understand the limits of our own intelligence – and the functioning of the human brain in general.

Snyder's work began with a curiosity about autism. Though there is little consensus about what causes this baffling and increasingly common disorder, it seems safe to say that autistic people share certain qualities – they tend to be rigid, mechanical and emotionally dissociated. They manifest what autism's "discoverer", Leo Kanner, described as "an anxiously obsessive desire for the preservation of sameness". And they tend to interpret information in a hyper-literal way, using "a kind of language which does not seem intended to serve interpersonal communication".

For example, Snyder says, when autistic test subjects came to see him at the university, they would often get lost in the main quadrangle. They might have been there ten times before, but each time the shadows were in slightly different positions and the difference overwhelmed their sense of place. "They can't grasp a general concept equivalent to the word 'quad'," he explains. "If it changes appearance even slightly, then they have to start all over again."

Despite these limitations, a small subset of autistics, known as savants, can also perform superspecialised mental feats. Perhaps the most famous savant was Dustin Hoffman's character in *Rain Man*, who could count hundreds of matchsticks at a glance. But the truth has often been even stranger: one celebrated savant in late-19th century Vienna could calculate the day of the week for every date since the birth of Christ. Other savants can speak dozens of languages without formally studying any of them, or can reproduce music at the piano after only a single hearing. A savant studied by English physician J. Langdon Down in 1887 had memorised every page of Gibbon's *Decline and Fall of the Roman Empire*. At the beginning of the 19th century, the aptly named Gottfried Mind became famous all over Europe for the amazing pictures he drew of cats.

The conventional wisdom has long been that autistics' hyper-literal thought processes were completely separate from the more contextual, nuanced, social way that most adults think, a different mental function altogether. And so, by extension, the extraordinary skills of autistic savants have been regarded as flukes, almost inhuman feats that average minds could never achieve.

Snyder argues that all those assumptions – about everything from the way autistic savants behave to the basic brain functions that cause them to do so – are mistaken. Autistic thought isn't wholly incompatible with ordinary thought, he says; it's just a variation on it, a more extreme example.

He first got the idea after reading *The Man Who Mistook His Wife for a Hat*, in which author and neurologist Oliver Sacks explores the link between autism and a very specific kind of brain damage. If neurological impairment is the cause of the autistic's disabilities, Snyder wondered, could it be the cause of his or her genius-like abilities, too? By shutting down certain mental functions – the capacity to think conceptually, categorically, contextually – did this impairment allow other mental functions to flourish? In short, could brain damage actually make you brilliant?

In a 1999 paper called *Is Integer Arithmetic Fundamental to Mental Processing? The Mind's Secret Arithmetic*, Snyder and Professor John Mitchell, of the Centre for the Mind, considered the example of an autistic infant whose mind "is not concept-driven ... In our view, such a mind can tap into lower level details not readily available to introspection by normal individuals." These children, they wrote, seem "to be aware of information in some raw or interim state prior to it being formed into the 'ultimate picture'." Most astonishing, they went on, "the mental machinery for performing lightning-fast integer arithmetic calculations could be within us all".

And so Snyder turned to TMS, in an attempt, as he says, "to enhance the brain by shutting off certain parts of it".

"In a way, savants are the great enigma of today's neurology," says Professor Joy

Hirsch, director of the Functional MRI Research Center at Columbia University, New York. "They exist in all cultures and are a distinct type. Why? How? We don't know. Yet understanding the savant will help provide insight into the whole neurophysiological underpinning of human behaviour. That's why Snyder's ideas are so exciting – he's asking a really fundamental question which no-one has yet answered."

If Snyder's suspicions are correct, and savants have not more brainpower than the rest of us, but less, then it's even possible that everybody starts out life as a savant. Look, for example, at the ease with which children master complex languages – a mysterious skill that seems to shut off automatically around the age of 12. "What we're doing is counter-intuitive," Snyder tells me. "We're saying that all these genius skills are easy, they're natural. Our brain does them naturally. Like walking. Do you know how difficult walking is? It's much more difficult than drawing!"

To prove his point, he hooks me up to the Medtronic Mag Pro again and asks me to read the following lines:

*A bird in the hand
is worth two in the
bush*

"A bird in the hand is worth two in the bush," I say.

"Again," Snyder says, smiling.

So once more: "A bird in the hand is worth two in the bush." He makes me repeat it five or six times, slowing me down until he has me reading each word with aching slowness.

Then he switches on the machine. He is trying to suppress those parts of my brain responsible for thinking contextually, for making connections. Without them, I will be able to see things more as an autistic might. After five minutes of electric pulses, I read the card again. Only then do I see – instantly – that the card contains an extra "the". On my own, I had been looking for patterns, trying to coax the words on the page into a coherent, familiar whole. But "on the machine", he says, "you start seeing what's actually there, not what you think is there".

Snyder's theories are bolstered by documented cases in which sudden brain damage has produced savant abilities almost overnight. He cites the case of Orlando Serrell, a ten-year-old street kid who was hit on the head and immediately began doing calendrical calculations of baffling complexity. Snyder argues that we all have Serrell's powers. "We remember virtually everything, but we recall very little," Snyder explains. "Now, isn't that strange? Everything is in there" – he taps the side of his head. "Buried deep in all

our brains are phenomenal abilities, which we lose for some reason as we develop into 'normal' conceptual creatures. But what if we could reawaken them?"

Not all of Snyder's colleagues agree with his theories. Michael Howe, an eminent psychologist at the University of Exeter in Britain, who died last year, argued that savantism (and genius itself) was largely a result of incessant practice and specialisation. "The main difference between experts and savants," he once told *New Scientist*, "is that savants do things which most of us couldn't be bothered to get good at."

Robert Hendren, executive director of the M.I.N.D. Institute at the University of California at Davis, brought that concept down to my level: "If you drew 20 cats one after the other, they'd probably

American company called NeuroNetics is developing a TMS machine designed for just this purpose which is expected to be released in 2006.)

Meanwhile, researchers at the US National Institute of Neurological Disorders and Stroke found that TMS applied to the prefrontal cortex enabled subjects to solve geometric puzzles much more rapidly. Alvaro Pascual-Leone, associate professor of neurology at the Beth Israel Deaconess Medical Center in Boston, has even suggested that TMS could be used to "prep" students' minds before lessons.

None of this has gone unnoticed by canny entrepreneurs and visionary scientists. Last year, the Brain Stimulation Laboratory at the Medical University of South Carolina received a \$US2 million

Vilayanur Ramachandran, director of the Center for Brain and Cognition at the University of California at San Diego and co-author of *Phantoms in the Brain*. Snyder's theories have not been proved, he says, but they are brilliantly suggestive.

"We're at the same stage in brain research that biology was in the 19th century. We know almost nothing about the mind. Snyder's theories may sound like *The X-Files*, but what he's saying is completely plausible. Up to a point, the brain is open, malleable and constantly changing. We might well be able to make it run in new ways." Of those who dismiss Snyder's theories out of hand, he shrugs: "People are often blind to new ideas. Especially scientists."

Bruce L. Miller, professor of neurology at the University of California at

San Francisco, is intrigued by Snyder's experiments and his attempts to understand the physiological basis of cognition. But he points out that certain profound questions about artificially altered intelligence have not yet been answered. "Do we really want these abilities?" he asks. "Wouldn't it change my idea of myself if I could suddenly paint amazing pictures?"

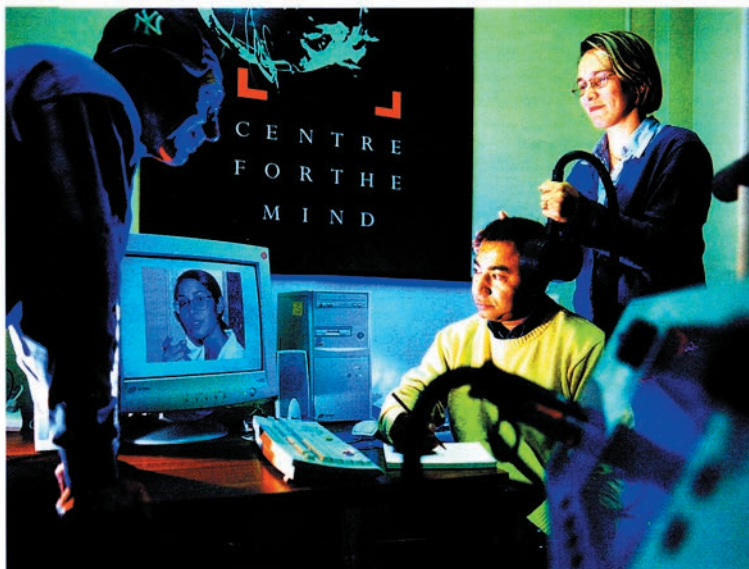
It probably would change people's ideas of themselves, to say nothing of their ideas of artistic talent. And though that prospect might be a source of discomfort to Miller, there are no doubt others whom it would thrill. But could anyone really guess, in advance, how their lives might be affected by instant creativity, instant intelligence, instant happiness? Or by their disappearance, just as instantly, once the TMS is switched off?

As he walks me out of the university and towards Sydney's CBD, Snyder, for his part, radiates an ebullient optimism.

"Remember that old saw which says that we only use a small part our brain? Well, it may just be true. Except that now we can actually prove it physically and experimentally. That has to be significant. I mean, it has to be, doesn't it?"

We stop for a moment by the side of the roaring traffic and look up at a haze in the sky. Snyder's eyes contract inquisitively as he pieces together the unfamiliar facts (brown smoke) and eases them into a familiar narrative framework (fires burning that week). It is an effortless bit of deductive, non-literal thinking – the sort of thing that human beings, unaided by TMS, do a thousand times a day.

Then, in an instant, he switches back to our conversation and picks up his train of thought. "More important than that, we can change our own intelligence in unexpected ways. Why would we not want to explore that?"



Altered state: Snyder looks on as researcher Dr Rowena Henery demonstrates the Medtronic Mag Pro.

get better anyway." Like most neuroscientists, he doubts that an electromagnetic pulse can stimulate the brain into creativity: "I'm not sure I see how TMS can actually alter the way your brain works. There's a chance that Snyder is right. But it's still very experimental."

Tomás Paus, an associate professor of neuroscience at McGill University in Montreal, Canada, is even more dubious. "I don't believe TMS can ever elicit complex behaviour," he says.

But even sceptics like Hendren and Paus concede that, by intensifying the neural activity of one part of the brain while slowing or shutting down others, TMS can have remarkable effects. One of its most successful applications has been in the realm of psychiatry, where it is now used to dispel the "inner voices" of schizophrenics, or to combat clinical depression without the damaging side-effects of electroshock therapy. (An

\$3 million) government grant to develop a smaller TMS device that sleep-deprived soldiers could wear to keep them alert. "It's not *Star Trek* at all," says Ziad Nahas, the laboratory's medical director. "We've done a lot of the science on reversing cognitive deficiencies in people with insomnia and other sleep deficiencies. It works."

If so, it could be a small leap to the day it boosts soldiers' cognitive functioning under normal circumstances.

And from there, how long before ordinary people are walking around with humming anti-depression helmets and maths-enhancing "hair dryers" on their heads? Will commercially available TMS machines be used to turn prosaic bank managers into amateur Rembrandts? Snyder has even contemplated video games that harness specialised parts of the brain that are otherwise inaccessible.

"Anything is possible," says Professor